

VISICOL COLONOSCOPY PREPARATION

Purchase:

1. VISICOL tablets (28) (prescription only)
2. DULCOLAX tablets (4)
3. Gingerale (12 oz)

The DAY BEFORE your colonoscopy: _Following a regular breakfast, start a clear liquid diet. _Examples of clear liquids: Water, clear fruit juices such as apple or white grape, chicken or beef bouillion, jello, clear Gatorade, clear soft drinks, tea without cream.

NO MILK OR MILK PRODUCTS. NO RED JELLO OR JUICES.

5 PM: Take 4 VISICOL tablets every 15 minutes with at least 8 ounces of any clear liquid for a total of 20 tablets. Take the last dose with 12 ounces of ginger ale (diet or regular).

10 PM: Take 4 VISICOL tablets every 15 minutes with at least 8 ounces of clear liquid until 8 tablets have been taken.

10:30 PM: Take 4 DULCOLAX tablets with 8 ounces of any clear liquid.